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KA1 Mobility

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PARTICIPANTS

11 people

- Cooperativa Glocal Factory (LP)
- ARCI nazionale
- Cooperativa Prism



DESTINATIONS

- Denmark
- France
- Greece
- Ireland
- Portugal
- Czech Republic
- Hungary

LEARNING AREAS

- mindfulness for teachers
- theatre for teaching inclusion
- English language courses
- safeguarding sustainable tourism resources
- addictions and youth policies (invited expert)





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GLOCAL FACTORY





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LEARNING IN EUROPE: MIRIANA, MOAAD, MATTEO AND ELISA'S EXPERIENCE



The course in **Tenerife Outdoor Activities and Adventure Education: Trekking edition**, at the Erasmus Learning Academy, was for me an extraordinary journey into nature and shared learning. The collaboration between the participants - encouraged by our trainer Aleksandar Dragutinović - was crucial, as it created an atmosphere of mutual respect and solidarity that deeply enriched the experience and allowed us to keep in touch once the experience was over.

I am thrilled to see how more and more initiatives in the socio-educational field are promoting the importance of outdoor learning. The activities during the course ranged from cultural knowledge of the place through a treasure hunt in the city, to sensory trails and group art activities surrounded by nature. I particularly appreciated the opportunity to spend time in silence and shared reflection: how precious time spent together is, even without talking!

From a professional point of view, I acquired new methodologies and approaches to transmit knowledge, as well as important skills in organising and leading groups in outdoor activities.

MIRIANA

The course in **Tenerife**, at Idevelop Training S.L., focused on **developing critical and creative thinking skills in educators**. We learnt how to introduce thinking tools beyond traditional teaching methodologies, with the aim of shaping minds capable of applying knowledge in innovative and creative ways. During the course, we developed core competencies such as understanding the impact of students' intellectual development, and how to effectively support their critical and creative thinking. We were encouraged to foster students' creativity in problem-solving and to create an environment conducive to the development of critical thinking, encouraging open discussion and the challenge of preconceived ideas.

Although adapting to new teaching methods and the challenges of intercultural communication can be an obstacle, the opportunity to learn new tools and methods to develop critical and creative thinking was extremely rewarding.

MOAAD





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My training took place in **PORTO**, organised by Learning Together on the topic of **sustainable tourism resources**. From the outset, it was clear that this would not be the usual course: the teaching was developed in two parallel modes, combining lectures with guided tours through the city.

Apart from a day in the beautiful Douro valley and a tour led by Professor Hugo Barreira, the course was entirely led by Professor Teresa Mendes. Teresa proved to be not only extremely knowledgeable, but also a friendly and always approachable person, capable of making each lesson engaging and stimulating.

During the lessons, we explored a wide range of topics, starting with the evolution of the relationship between Western countries and their cultural and architectural heritage. We analysed both the global perspective, with references to UNESCO and the United Nations, and the local perspective, immersing ourselves in the history of Portugal. In particular, it was interesting to discover how the country was among the first to establish national museums and commissions dedicated to heritage preservation, but also to reflect on the most controversial attempts at historical revisionism during the Salazar regime.

A central theme of the lectures was cultural narratives and national identity, and how Porto, with its characteristic use of azulejos and its tessellated façades, is in constant dialogue with its own authenticity. We also discussed the modern challenges of mass tourism and gentrification, issues that are particularly relevant for a city like Porto, which is experiencing a tourism boom with a consequent housing crisis, but also a renaissance of its historic centre, which has been deserted and neglected for decades. In addition to the lectures, which were always complemented by open discussions and enriched by the different perspectives of a diverse group of twelve participants from all over Europe, we had the opportunity to explore Porto in depth.

We visited some of the most iconic churches, such as S. Caterina and S. Ildefonso, and landmarks of civil architecture, such as S. Bento station and the Bolhao market. A whole day was dedicated to a tour in the Douro valley, an experience that combined breathtaking landscapes with the pleasure of local cuisine.

With Professor Barreira, on the other hand, we focused on the history of art and the impact of the Salazar regime on Porto's urban planning, visiting the Palacio de Cristal park and the Soares dos Reis National Museum. These moments offered us the opportunity to reflect on Portuguese society's contemporary dialogue with its colonial past and the artistic influences that have shaped its national identity.

The lectures were held in a conference room of a hotel in the centre of Porto, which allowed us to be in the heart of the city at all times. The organisation also provided some coffee breaks and two meals of traditional cuisine, which were moments of further socialisation and exchange of ideas.

One of the most positive aspects of this experience was the group: an ideal number of participants that made the discussions lively and effective. The professionalism of the lecturers was undeniable, but what struck me most was their humanity and availability, ready to answer all our curiosities, mixing academic knowledge with personal opinions, for a truly fruitful exchange.

If there is one thing this experience has taught me, it is the importance of looking at places not just as tourists, but with a critical eye, aware of the social, economic and environmental transformations that pass through them. And Porto, with its history and contradictions, was the perfect setting for this life lesson.

ua storia e le sue contraddizioni, è stata la cornice perfetta per questa lezione di vita.

MATTEO

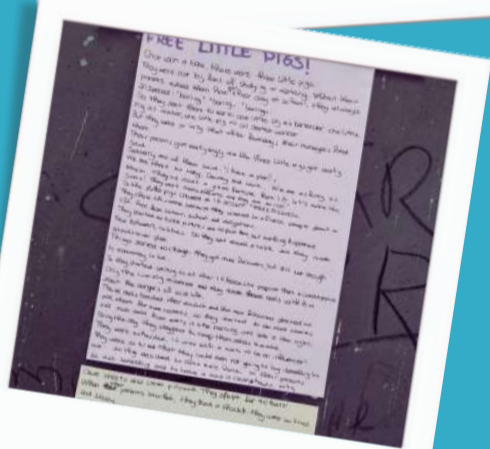




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I would like to tell you about my recent training experience in **DUBLIN**, organised by the Europass Teacher Academy. I participated in an **English course** that turned out to be much more than just a language lesson: it was a total immersion in Irish culture and an opportunity to grow both personally and professionally.

The course was divided into two weeks, each with a different teacher. The first week I took the basic level, a little apprehensive at first but determined to improve. With the support of the teacher, I started to feel more confident and 'unblocked'. The second week, at the intermediate level, was a real challenge, but at the same time incredibly rewarding. I felt I was making real progress, especially in public speaking and writing in English. Classes were held every morning, from 9 a.m. to 2 p.m., Monday to Friday. They were intense, but the atmosphere in class was always stimulating. The interaction with other participants from different backgrounds made the experience even more enriching.

After class, I had the afternoon free to explore Dublin and the surrounding area, and I must say that this part was just as educational. I visited the EPIC museum, which tells the story of Irish emigration, and took part in a sightseeing tour of the city that allowed me to discover hidden and fascinating corners. There were also moments of relaxation, such as a visit to Howth, a picturesque coastal resort not far from the city.

As for logistics, I left Verona with a direct flight to Dublin. I stayed in a hostel in the north of the city, a simple but cosy place. Every day I reached the school, located in the south of Dublin, on foot or by bus, which allowed me to really experience the city, observing daily life and immersing myself in the local atmosphere.

The Irish experience allowed me to directly apply the skills and knowledge acquired during the course. Back home, I definitely feel more confident in my English and more enriched by all that I experienced.

ELISA

Other activities

ASSOCIAZIONE ARCI – INVITED EXPERT

An 'invited expert' activity took place over 12 days as an itinerant training course for staff and volunteers of the Arci Association.

The course was held by a Dutch youth policy expert and addressed the topic of addictions. Sessions were held in **Rome, Ferrara, Modena, Rimini, Ravenna, Reggio Emilia, Genoa and Turin**, successfully involving a large number of internal and external participants.